

"I am a single parent who recently became widowed. I am raising three young children ages 3, 7 and 12. The dual income I was used to is no longer in existence. I grew up in the YMCA as a youngster in South Carolina. When I moved to East Orange I immediately sought out the nearest YMCA. I was told by a neighbor that there was a YMCA around the corner from where I lived and her children and grandchildren attended some of the programs they offered. I was very excited to know that my children were going to have a YMCA experience like I did as a child. I went to the East Orange YMCA and the friendly staff explained all of the programs offered for all 3 of my children. I also was informed about their Strong Kids Campaign and being on a fixed income I was elated to know that I could apply for financial assistance which I did immediately and I got it!! Now my three children are engaged, happy and experiencing the YMCA as I did as a child. Thanks to all of those who made this possible through their generosity in giving to the Strong Kids Campaign.



New Parent to the Community...
but not the YMCA



The Y is a powerful association of men, women and children that is committed to the cause of strengthening the foundations of community. We firmly believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

At the East Orange YMCA, WE BELIEVE IN

- Empowering Children to Reach Their Full Potential
- Encouraging and Supporting Balanced Lifestyles
- Connecting People to Meet Community Needs

At the East Orange YMCA, we develop youth to their fullest potential in Spirit, Mind and Body. The Y builds confidence and competence in youth by providing them with a safe haven, which encourages them to avoid negative and at-risk behaviors. The Y's core values of Caring, Honesty, Respect, and Responsibility guide all that we do for children and teens.

- 1012 children participated in Y Programs
- 603 children attended our After School and Child Care Programs at numerous locations throughout East Orange
- 395 teens and children participated in community programs such as Teen Nights, Healthy Kids Day, and the Touch of Giving Holiday Celebration
- 557 children and families received direct financial assistance and subsidies

The Y is accessible to all people.

Financial assistance is available to individuals and families who need our programs and services most.



Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood.

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Make a gift today!

Visit www.eastorangeymca.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**TURN
YOUR
GIFT
INTO...**





THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Y activities give our children the opportunity to become confident kids today and healthier, happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. At the Y, we help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.



THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs for 160 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Across America, our staff and volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.



SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

The Y uses your gift to make a meaningful, enduring impact right in your own neighborhood.

\$3,000 provides 2 children with a full year of After School Care (\$300 per month)

\$2,500 provides 6 children a session of Camp (\$400 per session)

\$2,000 provides 8 Teens to attend the Annual Opening Minds & Doors College Tour (\$250 per Teen)

\$1,500 provides 30 children with swimming lessons (\$50 per lesson)

\$1,000 provides 3 children gymnastics for the year (\$350 per year)

\$500 provides 10 children with Saturday Youth Programs (\$50 per child)

To become a part of something great or to make a gift, visit www.eastorangeymca.org