



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **IT'S THE SUMMER TO DISCOVER**



**Day Camp 2011  
Established 1970  
EAST ORANGE YMCA**

# WELCOME TO DAY CAMP 2011!

The Y introduced organized camping to America and for more than one hundred years, the Y has been an innovator of camping activities nationwide.

The East Orange YMCA is accredited by the American Camp Association, which means our facilities, equipment, safety, staff credentials and training are of the highest standard.

The East Orange YMCA continues this tradition by providing exciting and fun-filled summer camps for young people with a full range of educational and recreational activities for children between ages 3 and 15.

- **DISCOVERY CAMP** (Ages 3 to 4)
- **CAMP EXPLORER** (Ages 5 to 6)
- **CAMPERS ON THE MOVE** (Ages 7 to 8)
- **ACTION CAMP** (Ages 9 to 10)
- **PRE-TEEN ADVENTURE CAMP** (Ages 11 to 12)
- **TEEN EMPOWERMENT CAMP** (Ages 13 to 15)
- **SPECIALTY CLINICS**
  - **GYMNASTICS CLINIC** (Ages 5 to 15)
  - **CHEERLEADING CLINIC** (Ages 5 to 15)

#### **SESSION 1:**

June 20th to July 8th  
(Payment is due by June 1st)

#### **SESSION 2:**

July 11th to July 29th  
(Payment is due by July 3rd)

#### **SESSION 3:**

August 1st to August 19th  
(Payment is due by August 3rd)

**Each session consists of 3 weeks**

## DAY CAMP OPEN HOUSE DATES

Children and parents will have an opportunity to speak with staff and learn about the exciting activities planned for the summer.

**Thursday, March 10,  
April 14 & May 19  
from 5:00pm - 7:00pm**

**159 North Munn Ave.  
East Orange**

**Call the Y at 973 673 5588**



## Program Features:

- **Our focus is teaching young people the Y's core values of caring, honesty, respect and responsibility.**
- **Camp provides youngsters with individual attention and group experiences.**
- **All activities are conducted in a safe, protected environment.**
- **Indoor activities are conducted in an air conditioned environment.**

## Discovery Camp Ages 3 to 4

This camp is for the young child with a big imagination, they will help your child gain valuable social skills and develop self-confidence through safe, fun and educational activities. This is an active camp that will keep your child busy all day while learning independent skills. The children will participate in story time, arts & crafts, sports, swimming, enrichment activities and field trips. All activities are age-appropriate, except for swim instruction which is level-appropriate.

**NOTE:** Additional fees for some trips are required.

**DATES:** June 20th - August 19th

**Regular Hours:** 9:00am - 5:00pm

**Extended Hours:** 8:00am - 9:00am  
and 5:00pm - 6:00pm

An additional fee of \$40 will be charged for each session for either the morning or evening periods. For both periods, the fee will be \$60.

**Camp Fee:** \$400 per Session  
(Each session consists of 3 weeks)

# SUMMER FUN FOR

## Staff

The staff is selected on the basis of ability, enthusiasm, and concern for helping young people develop. All staff members participate in pre-camp orientation and on-going training sessions.

### Camp Explorers

#### Ages 5 to 6

This camp has numerous activities and skill building exercises that focus campers on socialization and team work skills.

Activities include: drama, arts & crafts, music, computers, sports, swimming, dance and field trips.

**NOTE:** Additional fees for some trips are required.

**DATES:** June 20th - August 19th

**Regular Hours:** 9:00am - 5:00pm

**Extended Hours:** 8:00am - 9:00am  
and 5:00pm - 6:00pm

An additional fee of \$40 will be charged for each session for either the morning or evening periods. For both periods, the fee will be \$60.

**Camp Fee:** \$400 per Session  
(Each session consists of 3 weeks)

### Campers

#### On The Move

#### Ages 7 to 8

Designed for the younger campers on the move! Each week of camp has a different theme which allows for a variety of new activities to expand the campers' areas of interest, add unity, excitement, challenge and nurture young minds and bodies. Indoor and outdoor activities include swimming, computers, arts & crafts and fun trips. All activities are age appropriate, but swim instruction is based on the individual's level of competency.

**NOTE:** Additional fees for some trips are required.

**DATES:** June 20th - August 19th

**Regular Hours:** 9:00am - 5:00pm

**Extended Hours:** 8:00am - 9:00am  
and 5:00pm - 6:00pm

An additional fee of \$40 will be charged for each session for either the morning or evening periods. For both periods, the fee will be \$60.

**Camp Fee:** \$400 per Session  
(Each session consists of 3 weeks)



# KIDS AGES 3 TO 15

## Action Camp

Ages 9 to 10

## Pre-Teen Adventure Camp

Ages 11 to 12

## Teen Empowerment Camp

Ages 13 to 15

These camps provide challenging, fun and character-building experiences. Action, Adventure and Empowerment campers will help plan their own activities while learning leadership and life skills. In addition, character building experiences, enrichment workshops, guest speakers, computers, organized sports and will go on adventurous field trips to places such as: Cheesequake Park and the New Jersey Shore. Campers will be divided by ages for groups, but may interact for activities such as team-building exercises, games, sports, crafts and swimming at least twice a week.

**NOTE:** Additional fees for some trips are required.

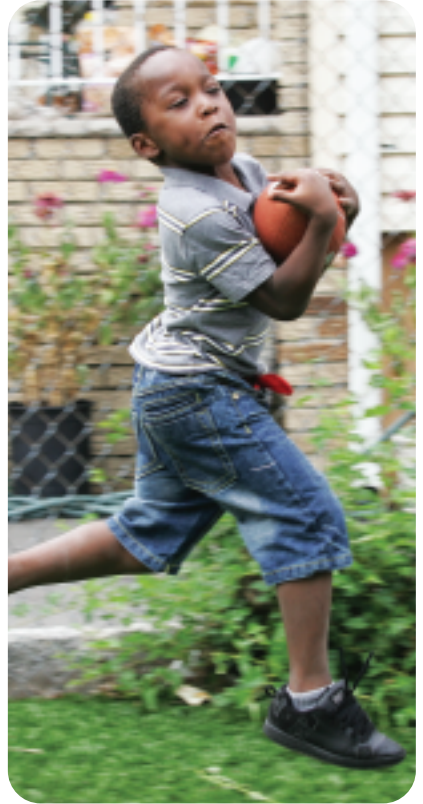
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**Camp Fee:** \$400 per Session (Each session consists of 3 weeks)



## Specialty Clinics

### Gymnastics Clinic

Ages 5 to 15

This mini clinic is perfect for the child who loves to flip around the house! Children will be grouped according to ability and learn skills on four Olympic events: balance beam, uneven bars, vault and floor. Children will also work on safety, conditioning workouts, dance and flexibility. **This is a half day camp.**

**DATES:** August 22nd - August 26th

**Regular Hours:** 9:00am - 12 noon

**Clinic Fee:** \$100

### Cheerleading Clinic

Ages 5 to 15

This mini clinic is for the child who has always wanted to be a cheerleader. They will learn proper cheerleading movements, tumbling, jumping, coordinate hand movements with chants and teamwork. All these skills will be displayed by the group when they perform routines learned throughout the week for their parents at the end of the week. **This is a half day camp.**

**DATES:** August 22nd - August 26th

**Regular Hours:** 1:00pm - 4:00pm

**Clinic Fee:** \$100

# East Orange YMCA 2011 Day Camp Registration Form

**Please Print Clearly — Use Separate Form for Each Child (Programs for Parents accepted)**

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Email Address \_\_\_\_\_

Parent/Guardian Names \_\_\_\_\_

Mother's Place of Employment \_\_\_\_\_

Occupation \_\_\_\_\_

Employment Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Business Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Father's Place of Employment \_\_\_\_\_

Occupation \_\_\_\_\_

Employment Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Business Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Emergency Contact \_\_\_\_\_

(Other than Parent) \_\_\_\_\_ Phone ( ) \_\_\_\_\_

People Authorized to Pick Up Child (Names must be listed):

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

Can child walk home alone?  Yes  No Medical Immunization Record?  Yes  No

I'd like to make a contribution to Camp's Financial Assistance Fund in the amount of \$ \_\_\_\_\_

**A \$ 50 deposit per session is required to reserve a space.**

Check All Boxes That Apply 3 Weeks per Session	<input type="checkbox"/> Session 1 June 20 - July 8 (No Camp July 4th)	<input type="checkbox"/> Session 2 July 11 - July 29	<input type="checkbox"/> Session 3 Aug 1 - Aug 19
Please check method of payment	_PFP _DYFS _Fee Pay	_PFP _DYFS _Fee Pay	_PFP _DYFS _Fee Pay
<input type="checkbox"/> Discovery Camp (3 to 4)	\$400	\$400	\$400
<input type="checkbox"/> Camp Explorers (5 to 6)	\$400	\$400	\$400
<input type="checkbox"/> Campers On The Move (7 to 8)	\$400	\$400	\$400
<input type="checkbox"/> Action Camp (9 to 10)	\$400	\$400	\$400
<input type="checkbox"/> Pre-Teen Adventure Camp (11 to 12)	\$400	\$400	\$400
<input type="checkbox"/> Teen Empowerment Camp (13 to 15)	\$400	\$400	\$400
<b>Specialty Clinics</b>	August 22 - August 26		
<input type="checkbox"/> Gymnastics Clinic (5 to 15)	\$100		
<input type="checkbox"/> Cheerleading Camp (5 to 15)	\$100		
<input type="checkbox"/> AM Care	\$40	\$40	\$40
<input type="checkbox"/> PM Care	\$40	\$40	\$40
<input type="checkbox"/> Both	\$60	\$60	\$60
Total = Camp + Ext Care			

**REFUND POLICY** - Deposit fees are non-refundable and it is understood that in the case of dismissal or voluntary withdrawal, there is NO refund of fees. If it is deemed advisable to dismiss a camper for medical reasons, one-half of the unexpired portion of the session will be refunded.

I, the undersigned, give permission for my child to participate in all the camp activities planned for the days he/she attends. I understand that my deposit for each session will be credited toward the total camp fee, and that no refund will be granted under any circumstances. I understand that my child is registered only for the sessions on which I have made deposits. I understand that I must have a completed medical form, signed by a physician, on file at the East Orange YMCA before the first day my child begins camp. I give my permission for my child's photograph to be taken for use in Y promotional materials. The East Orange YMCA values the privacy of its members. No photos or video of any type are to be made of any camper or staff person without the consent of the Y Staff. This includes the use of cell phone cameras. As a result, East Orange YMCA Day Camp is a cell-phone free facility. Cell phones are expressly prohibited.

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_

# MEDICAL RELEASE FORM FOR YOUTH

Child's Name: \_\_\_\_\_ D.O.B. \_\_\_/\_\_\_/\_\_\_  
(Please Print)

Gender: M \_\_\_ F \_\_\_ Age: \_\_\_ Hgt. \_\_\_ Wt. \_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address \_\_\_\_\_

City/State: \_\_\_\_\_ Zip \_\_\_\_\_

Sensitivities: \_\_\_\_\_ (Insect Bites) Reactions: \_\_\_\_\_

Treatment: \_\_\_\_\_

Please list any allergies: Food \_\_\_\_\_ Medications: \_\_\_\_\_

Asthma: \_\_\_\_\_ Seizures: \_\_\_\_\_

Does your child suffer from medical conditions which require medication or treatment while attending camp:

Yes  No

If so, please indicate the conditions \_\_\_\_\_

List medications, which may alter child's behavior while in the program: \_\_\_\_\_

(The East Orange YMCA does not dispense medication of any type to youth )

Does your child have any dietary restrictions: \_\_\_\_\_

Does your child have any special educational or emotional concerns we should be aware of?  Yes  No

If so please indicate: \_\_\_\_\_

Please give all dates of immunizations for the following:

DTP	_____	_____	_____	_____	_____	_____
TD	_____	_____	_____	_____	_____	_____
Tetanus	_____	_____	_____	_____	_____	_____
Pollo	_____	_____	_____	_____	_____	_____
MMR	_____	_____	_____	_____	_____	_____
Haemophilus influenza B	_____	_____	_____	_____	_____	_____
Hepatitis B	_____	_____	_____	_____	_____	_____
Varicella (Chicken Pox)	_____	_____	_____	_____	_____	_____
BCG	_____	_____	_____	_____	_____	_____

TB Mantoux Test (date of last test) \_\_\_\_\_ Please indicate Positive or Negative

Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

## PARENT'S AUTHORIZATION

### Medical Authorization

The health history is correct as far as I know, and the child herein described is in good physical health and has permission to engage in all the normal activities of the East Orange YMCA Summer Day Camp Program. In the event that I or my child's physician cannot be reached in an EMERGENCY, I hereby give permission to the East Orange YMCA c/o Metro YMCAs of the Oranges to allow medical personnel selected by the Executive Director to transport, hospitalize, secure proper treatment, order x-rays, injection, anesthesia or surgery and to release any records necessary for insurance purpose for my child as named above.

### Off-Site & Walking Trips

Permission is hereby granted to the East Orange YMCA c/o Metro YMCAs of the Oranges to take my child on all off-site trips via bus transportation and local trips within walking distance as part of the regular Y Summer Day Camp Program. \_\_\_ Yes \_\_\_ No

Parent's Name (Please Print) \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please notify the Y at anytime if there are any changes in the information provided on this form.

# Mission Statement

The Metropolitan YMCA of the Oranges enriches the lives of the children, families and communities we serve, through programs that build spirit, mind and body, welcoming all people, in an environment nurturing positive values.

## General Information

Camp sessions are three weeks in length. Parents are responsible for arranging children's transportation to and from the Y. Refunds are only granted in the event the Y cancels programs and/or sessions. Scholarships, based upon financial need, are available on a limited basis to eligible participants. Applications may be obtained from the Y. Completed forms must be submitted at the time of registration. The Department of Health requires that all campers have a current medical form and Immunization Record completed by a physician and signed by a parent or guardian on file prior to the beginning of the first camp session attended. Camp sessions have limited enrollment. [Early registration is encouraged.](#)

## Registration Requirements

1. A \$50 non-refundable Registration Fee is required upon registration. (A one-time fee)
2. Parents must pay a \$50 [deposit per session](#), per child, which will be applied to the session fee.
3. Children must be registered at least two weeks before their session begins.  
**Payment is due in full.**
4. Extended day registration and payment should be made along with session registration.
5. Mail-in registration with accompanying fees are accepted. Applications will not be accepted without a deposit.
6. Payment may be made by check, money order, credit card, or cash.  
**Checks and money orders are made payable to: EAST ORANGE YMCA.**

## Registration Schedule

**DATES:** Beginning March 3 and thereafter two weeks before each session begins.

**Hours:** Monday-Friday 7:30am - 6:00pm

**Location:** 100 North Arlington Avenue

**Registration is on a first come, first served basis.**

**For more information call:  
973 673 5588**



## Fairview Lake YMCA Sleepaway Camps

Parents who wish to expose youngsters to other cultures, languages, as well as the natural environment, will want to select Fairview Lake YMCA Camp for their children's learning experience. Located in Stillwater, NJ, Fairview Lake, a sleep-away camp, offers three-week programs and enrolls children from ages 6 to 15. This co-ed camp, which provides separate lodging for boys and girls, features a range of educational and fun-filled activities. Camp staff are recruited from across the United States, representing various religious and ethnic backgrounds. Specialty camps are also offered. For more information call 800 686 1166.

EAST ORANGE YMCA  
A Branch of  
The Metropolitan YMCA of the Oranges  
100 North Arlington Ave.  
East Orange, NJ 07017  
973 673 5588

[www.EastOrangeYMCA.org](http://www.EastOrangeYMCA.org)

